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menu

Appetisers

1.	House Hors d'oeuvres (minimum 2 persons) crispy seaweed. vegetarian spring rolls. sesame prawns on toast. satay chicken. barbeque spare ribs.	£7.90 per person
2.	Seafood Platter (minimum 2 persons) crispy seaweed. king prawns in Japanese Breadcrumbs. squid in peppercorn salt. deep fried scallops. fish cake.	£8.90 per person
3.	Vegetarian Hors d'oeuvres (minimum 2 persons) (v) crispy seaweed. vegetarian spring rolls. curry samosa. bean curd in peppercorn salt. green beans.	£6.90 per person
4.	Vietnamese Spring Rolls (4)	£5.50
5.	Satay Chicken on Skewers (4)	£5.90
6.	Smoked Spicy Chicken	£5.90
7.	Salt and Pepper Mini Pork Chops	£6.50
8.	Spicy Shredded Duck	£5.90
9.	Barbequed Honey Ribs (dry) (5)	£5.90
10.	Capital Ribs served in a rich piquant sauce	£5.90
11.	Salt and Pepper Ribs	£5.90
12.	Sesame Prawns on Toast	£5.90
13.	King Prawns in Japanese Breadcrumbs (6)	£5.90
14.	Pastry Wrap King Prawns (6)	£5.90
15.	Salt and Pepper King Prawns	£6.50
16.	Salt and Pepper Squid	£6.50
17.	Deep Fried Fish Cakes (4)	£5.50
18.	Mussels in Black Bean Chilli	£6.00
19.	Steamed Fresh Scallops in Garlic and Chilli or Blackbean Sauce	£3.00 each
20.	Soft Shell Crab in Peppercorn Salt	£5.50 each
21.	Peking Grilled Dumplings (6)	£5.50
22.	Dim Sum (Hargow/Shumai)	£5.50
23.	Curry Samosa (6) (v)	£5.50
24.	Crispy Seaweed (v)	£4.50
25.	Vegetarian Spring Rolls (6) (v)	£4.90
26.	Salt & Pepper Bean Curd / Aubergine or Green Bean (v)	£5.50

Please note, a discretionary 10% service charge will be added to your bill.

Some dishes may contain nuts.

Food allergies and intolerances!

Please ask a member of staff for advice about allergens before placing your order.

Chef's Special Starters

27.	Lobster with Spring Onions and Ginger /Black Bean Chilli Sauce	£ Seasonal Price
	served on a bed of crispy noodles	
28.	Steamed Sea Bass in Spring Onions and Ginger /Black Bean Chilli Sauce	£ Seasonal Price
29.	Grilled Lamb Chops	£8.90
30.	Lettuce Wrapped Meat	£6.90
31.	Vegetarian Pancake Wrap (v)	£5.90
32.	Crispy Mongolian Lamb served with sweet plum sauce and iceberg lettuce	£8.90
33.	Crispy Aromatic Duck	quarter £8.90 half £16.90
	served with pancakes, spring onions, cucumber and hoi sin sauce	

Soups

34.	Hot & Sour Soup	£3.90
35.	Chicken or Crab Meat in Sweetcorn Soup	£3.90
36.	Wonton Soup	£3.90
37.	Chicken and Noodle Soup	£3.90
38.	Mixed Vegetable and Tofu Soup (v)	£3.90

SINO WELCOMES YOU TO A WORLD OF FINE CHINESE CUISINE SERVED AND ENJOYED IN THE ELEGANT SURROUNDINGS OF OUR RESTAURANT



Main Dishes

Seafood Dishes

39. Sweet and Sour Prawns Balls	£8.50
40. Sweet and Sour King Prawns	£8.50
41. Peking Kung Po Prawns	£8.50
42. Szechaun King Prawns	£8.50
43. Fierce Chilli King Prawns (H)	£8.50
44. King Prawns in Tomatoes	£8.50
45. King Prawns with Oyster Sauce	£8.50
46. Quick Fried Crystal King Prawns in Birds Nest	£8.50
47. Quick Fried Scallops in Birds Nest Asparagus	£8.90

Sizzling Hot Dishes

48. Sizzling Mixed Seafood Platter (contains prawns/scallop/squid/mussels)	£9.50
49. Sizzling King Prawns with Spring Onions and Ginger / Black Bean Chilli or Satay Sauce	£8.90
50. Sizzling Chicken with Spring Onions and Ginger / Black Bean Chilli or Satay Sauce	£8.50
51. Sizzling Fillet Steak with Black Pepper or Mandarin Sauce	£8.90
52. Sizzling Lamb with Spring Onions and Ginger / Blackbean Chilli	£8.50
53. Sizzling Pork Chop in Mandarin Sauce	£8.50

Poultry Dishes

54. Sweet and Sour Chicken Balls (6)	£7.50
55. Sweet and Sour Chicken Hong Kong Style	£7.50
56. Peking Kung Po Chicken	£7.50
57. Szechuan Chicken	£7.50
58. Chicken with Oyster Sauce	£7.50
59. Fierce Chilli Chicken	£7.50
60. Chicken with Cashew Nuts	£7.50
61. Chicken in Tomatoes	£7.50
62. Chicken and Mushrooms	£7.50
63. Lemon Chicken	£7.50
64. Shredded Chilli Chicken	£7.50
65. Vietnamese Mango Chicken	£7.50
66. Roasted Duck in Sweet Plum Sauce	£7.90
67. Cantonese Roasted Duck	£7.90
68. Duck with Pineapple	£7.90
69. Duck in Black Bean Sauce	£7.90
70. Duck with Ginger and Spring Onions	£7.90

Meat Dishes

71. Beef in Black Bean Sauce	£7.50
72. Beef in Satay Sauce	£7.50
73. Beef in Tomatoes	£7.50
74. Beef and Mushrooms	£7.50
75. Beef and Oyster Sauce	£7.50
76. Crispy Shredded Chilli Beef	£7.90
77. Sweet and Sour Pork Hong Kong Style	£7.50
78. Cantonese Roasted Pork	£7.50
79. Pork in Black Bean Sauce	£7.50

Curry Dishes

80. Chicken / Beef / Lamb Curry	£7.50
81. King Prawn Curry	£8.50
82. Mixed Vegetable Curry (v)	£5.90
83. Special Curry	£8.90

Vegetable Dishes (v)

84. Stir Fried Mixed Vegetables	£5.50
85. Braised Four Kings of Vegetables	£5.50
86. Pak Choi in Chilli and Garlic or Oyster Sauce	£5.50
87. Choi Sum in Chilli and Garlic or Oyster Sauce	£5.50
88. Bean Curd with Black Bean Sauce	£5.50
89. Sweet and Sour Bean Curd	£5.50
90. Fried Mushrooms	£5.50
91. Stir Fried Beansprouts	£5.50
92. Sea Spice Aubergine	£5.50
93. Sweet and Sour Mixed Vegetables	£5.50
94. Mixed Vegetables in Satay Sauce	£5.50
95. Mixed Vegetables in Blackbean Sauce	£5.50

Chop Suey

96. Plain Chop Suey (v)	£5.50
97. Chicken Chop Suey	£7.50
98. Beef Chop Suey	£7.50
99. Pork Chop Suey	£7.50
100. Prawn Chop Suey	£8.50
101. Special Chop Suey	£8.90

Rice Dishes

102. House Special Rice with gravy	£8.50
103. Special Fried Rice	£5.50
104. Chicken Fried Rice	£5.50
105. Beef Fried Rice	£5.50
106. King Prawn Fried Rice	£7.00
107. Mushroom Fried Rice (v)	£5.00
108. Mixed Vegetable Fried Rice (v)	£5.00
109. Egg Fried Rice	£4.00
110. Plain Boiled Rice (v)	£3.50

Chow Mein (soft noodles) Dishes

111. House Special Noodles with gravy	£8.50
112. Special Chow Mein	£6.00
113. Chicken Chow Mein	£5.80
114. Beef Chow Mein	£5.80
115. Roast Pork Chow Mein	£5.80
116. King Prawn Chow Mein	£8.00
117. Singapore Noodles	£6.00
118. Shredded Duck Vermicelli	£6.00
119. Plain Chow Mein with beansprouts (v)	£5.00
120. Mushroom Chow Mein (v)	£5.00
121. Mixed Vegetable Chow Mein (v)	£5.00
122. Ho Fun with Beef or Roasted Duck	£8.50
123. Seafood Ho Fun or Japanese Udon	£9.50
124. Pork with Vermicelli (Vietnamese Style)	£8.50

Side Dishes

125. Chips	£2.50
126. Prawn Crackers	£2.00
127. Curry Sauce	£1.60
128. Satay Sauce	£1.60
129. Sweet and Sour Sauce	£1.60
130. Sweet Chilli Sauce / Hoi Sin Sauce / Plum Sauce	£1.00
131. Chilli Oil	£1.00
132. Extra Pancakes	£2.00

Set Menus

Set Menu A

£21.50 per person

Minimum 2 Persons

Hot Mix Platter

crispy seaweed. satay chicken on skewers. vegetarian spring rolls.
sesame prawns on toast. barbecued honey ribs.

Crispy Aromatic Duck

served with pancakes. cucumber. spring onions. hoi-sin sauce.

Sweet and Sour Chicken Hong Kong Style

Beef and Black Bean and Chilli Sauce
Singapore Noodles
Special Fried Rice

Set Menu B

£23.50 per person

Minimum 2 Persons

House Hors d'oeuvres

crispy seaweed. smoked spicy chicken. sesame prawns on toast.
vietnamese spring rolls. capital ribs.

Crispy Aromatic Duck or Aromatic Lamb

Peking Kung Po Chicken

Sizzling Fillet Steak and Black Pepper
King Prawns with Spring Onions and Ginger
Special Fried Rice

Set Menu C – Seafood Special

£28.00 per person

Minimum 2 Persons

Mix Seafood Platter

crispy seaweed. king prawns in japanese breadcrumbs.
salt & pepper squid. fried scallops. fish cake.

Steamed Fresh Scallops

with garlic soya sauce or black bean chilli

Steamed Sea Bass with Spring Onions and Ginger

Szechuan King Prawns
Quick Fried mix Seafood in Birds Nest
Pak Choi in Garlic
King Prawn Fried Rice

Set Menu D – Vegetarian Special

£18.00 per person

Minimum 2 Persons

Vegetarian Hors d'oeuvres

crispy seaweed. vegetarian spring rolls. curry samosa.
salt & pepper tofu. green beans.

Vegetarian Pancake Wrap

Stir Fried Mix Vegetables

Sea Spice Aubergine
Vegetarian Singapore Noodles
Mushroom Fried Rice

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